Self - Assessment

Feel Like A Slave To Your Business?

Yes	No	
☐	☐	I crave more personal time, more freedom
☐	☐	I routinely say, "I didn't get anything accomplished today"
☐	☐	I feel like I'm working too much, and making too little
☐	☐	I feel "out of control"
☐	☐	I reactively tackle urgent matters instead of important matters
☐	☐	I am caught working "in" my business instead of "on" my business
☐	☐	I am juggling too much and feeling overwhelmed and frustrated
☐	☐	I am chained to my desk, phone, pager, email, etc.
☐	☐	I am the chief "go-to" problem solver in my business
☐	☐	I occasionally suffer from the "business owner blues"
☐	☐	I am stuck "doing every darn thing" myself
☐	☐	Clutter, complexity, and confusion have overtaken my life
___	___	
Total Count		

If you answered, "yes," to a majority of these questions, you don't have a successful business, you have a glorified job in which you are trapped. Your goal as a business owner should be to design a company that is distinct from you and works smoothly even in your absence.

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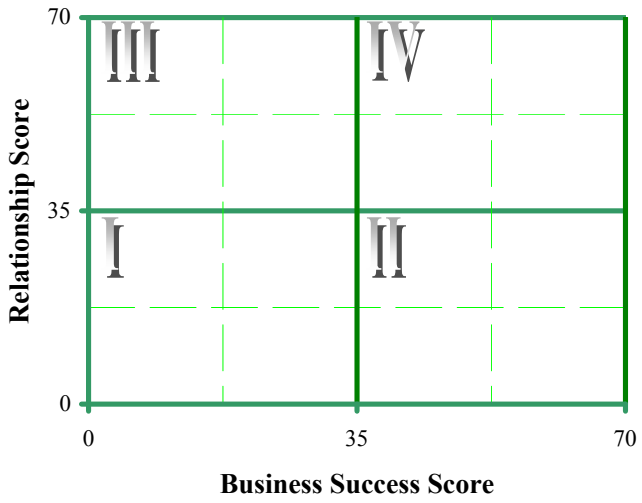
The Growth Coach is the leader in small business coaching. We offer a quarterly coaching process and one-on-one coaching to help business owners & managers to become more focused, effective and strategic. To make more while working less. To re-shape thier businesses to be easier to grow and manage. To enjoy life more fully.

Overall Effectiveness

On a scale of 1 - 10 (10 = Highest), rate yourself in each area:

Strategic Business Owner		Different Roles
☐	Knowing myself (talents and limitations)	☐ Spouse
☐	Defining a vision for my business/life and setting goals	☐ Parent
☐	Managing priorities/delegating	☐ Friend
☐	Developing an operations manual/systems/processes	☐ Son/Daughter
☐	Developing yearly business plans	☐ Brother/Sister
☐	Managing my employees	☐ Neighbor/Citizen
☐	Selling / Utilizing marketing	☐ Faith Member
___	**Business Success Score**	___ **Relationship Score**

Plot your scores in the graph below



Interpretation of your scores

Quadrant I:
You need immediate help to improve your business and personal life.

Quadrant II:
Your personal life has taken a back-seat to your business.

Quadrant III:
You are on the right track with your personal life, but your business is not performing optimally.

Quadrant IV:
You are doing a good job balancing your business and personal life. Now learn how to optimize both.

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